



# COSMETIC ACUPUNCTURE INTAKE

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What improvements would you like to see?

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Please describe any skin sensitivities or allergies:

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Do you wear makeup daily?  Y  N    Do you wear sunscreen daily?  Y  N

Please describe your current skin care regimen and products that you use. (Toner, astringent, exfoliation, masks, etc.):

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Do you go to tanning booths?  Y  N    Do you participate in vigorous aerobic activity or sport?  Y  N

Do you get facial waxing / electrolysis / or use depilatories?  Y    Yes, wait approximately 5 days between treatments  N

Please check all procedures you have had or are currently undergoing.

- |   |                |  |                |
|---|----------------|--|----------------|
| <input type="radio"/> Botox injections    | Date(s): _____ | <input type="radio"/> Laser procedures     | Date(s): _____ |
| <input type="radio"/> Collagen injections | Date(s): _____ | <input type="radio"/> Threading (Lift)     | Date(s): _____ |
| <input type="radio"/> Restalyne           | Date(s): _____ | <input type="radio"/> Rhytidectomy         | Date(s): _____ |
| <input type="radio"/> Silicon injections  | Date(s): _____ | <input type="radio"/> Blepharoplasty       | Date(s): _____ |
| <input type="radio"/> Mesotherapy         | Date(s): _____ | <input type="radio"/> Brow or Coronal lift | Date(s): _____ |
| <input type="radio"/> Microdermabrasion   | Date(s): _____ | <input type="radio"/> Other: _____         |                |
| <input type="radio"/> Chemical peels      | Date(s): _____ |  |                |

## INFORMED CONSENT FOR FACIAL REJUVENATION ACUPUNCTURE

### INTRODUCTION

A facial acupuncture treatment involves the insertion of acupuncture needles into the face and neck in order to reduce the visible signs of aging. In Oriental medicine, the meridians or pathways of Qi (energy) flow throughout the entire body from the soles of the feet up to the face and head; consequently, a facial acupuncture treatment addresses the entire body constitutionally, and is not merely "cosmetic." Facial acupuncture involves the patient in an organic and gradual process that is customized for each individual. It is no way analogous to, or a substitute for, a surgical "face lift." A treatment session may confine itself solely to facial acupuncture, or it may be used in conjunction with other.

### BENEFITS

Facial rejuvenation acupuncture can increase facial tone, decrease puffiness around the eyes, as well as bring more firmness to sagging skin, enhance the radiance of the complexion and flesh out sunken areas. Customarily, fine wrinkles will disappear and deeper ones will be reduced. As this treatment is not merely confined to the face, but incorporates the entire body and constitutional issues of health.

### ALTERNATE TREATMENT

Improvement of sagging skin, wrinkles and fatty deposits may be attempted by other treatments or surgery such as a surgical facelift, chemical face peels, or liposuction. Risk and potential complications are associated with these alternative forms of treatment.

### RISKS OF FACIAL REJUVENATION ACUPUNCTURE

Every procedure involves a certain amount of risk and it is important that you understand the risks involved with facial rejuvenation acupuncture. An individual's choice to undergo facial rejuvenation acupuncture is based upon the comparison of the risk to potential benefit. Although the majority of patients do not experience the following complications, you should discuss each of them with your acupuncturist to make sure you understand the risks, potential complications, and consequences of facial rejuvenation acupuncture.

- **Bleeding:** It is possible, though very unusual, that you may have problems with bleeding during facial acupuncture. Should post-acupuncture bleeding occur, it will usually only consist of a few drops. Accumulations of blood under the skin may cause a bruise (hematoma), which will resolve itself. •
- **Bruising and Puffiness:** There is a possibility of bruising (hematoma), puffiness, blood, tingling, itching, warmth, pain or other symptoms at the site of the needle.
- **Nerve Injury:** Injuries to the motor or sensory nerves rarely result from facial acupuncture treatments. Such injuries may improve over time. Injury to sensory nerves of the face, neck and ear regions may cause temporary numbness.
- **Unsatisfactory Result:** There is the possibility of a poor result from facial rejuvenation acupuncture. You may be disappointed with the results.
- **Allergic Reactions:** In rare cases, local allergies to topical preparations have been reported. Allergic reactions may require additional treatment

### LONG TERM EFFECTS

Subsequent alterations in facial appearance may occur as the result of the normal process of aging, weight loss or gain, sun exposure, or other circumstances not related to facial rejuvenation acupuncture. Facial acupuncture does not arrest the aging process or produce permanent tightening of the face and neck. Future facial acupuncture maintenance treatments, or other treatments, may be necessary to maintain the results of facial rejuvenation acupuncture.

**HEALTH INSURANCE**

Most health insurance companies exclude coverage for facial acupuncture and/or any complications that might occur from facial acupuncture. Please carefully review your health insurance subscriber information pamphlet.

**ADDITIONAL CARE NECESSARY**

There are many variable conditions in addition to risk and potential complications that may influence the long term result from facial acupuncture treatments. The practice of acupuncture is not an exact science. Although good results are expected, there is no guarantee or warranty, either expressed or implied, on the results that may be obtained.

**FINANCIAL RESPONSIBILITIES**

The cost of facial rejuvenation acupuncture involves several charges for the services provided. The total includes fees charged by your acupuncturist, the cost of acupuncture supplies, and topical preparations. All payment is due at the time services are rendered.

**DISCLAIMER**

Informed consent documents are used to communicate information about the proposed procedure along with disclosure of risks and alternative forms of treatment(s). The informed consent process attempts to define principles of risk disclosure that should generally meet the needs of most patients in most circumstances. However, informed consent documents should not be considered all-inclusive in defining other methods of care and risks encountered. Your acupuncturist may provide you with additional or different information which is based upon all the facts in your particular case and the present state of knowledge within the field of acupuncture. Informed consent documents are not intended to define or serve as the standard of acupuncture. Standards of acupuncture are determined on the basis of all of the facts involved in an individual case and are subject to change as scientific knowledge and technology advance and as practice patterns evolve. It is important that you read the above information carefully and have all of your questions answered before signing the following consent.

**CONSENT FOR FACIAL ACUPUNCTURE PROCEDURE OR TREATMENT**

- 1. I hereby authorize licensed acupuncturists and such assistants of Acu: Intuit as may be selected to perform facial rejuvenation acupuncture. I have received the INFORMED CONSENT FOR FACIAL REJUVENATION ACUPUNCTURE.
- 2. I acknowledge that no guarantee has been given by anyone as to the results that may be obtained
- 3. It has been explained to me in a way that I understand:
  - a. The above treatment or exposure to be undertaken
  - b. There may be alternative procedures or methods of treatment
  - c. There are risks to the procedure or treatment proposed

I CONSENT TO THE TREATMENT OR PROCEDURE AND THE ABOVE LISTED ITEMS (1-3). I AM SATISFIED WITH THE EXPLANATION

Patient's Name (Printed): \_\_\_\_\_ Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Required if the patient is a minor or an adult who is unable to sign this form

Representative's Name (Printed): \_\_\_\_\_ Representative's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_